proactivity



# HEALTH AND PE PROGRAMS

## Bring more expertise, variety and opportunity into your Health and PE program.

Proactivity works alongside teachers to enhance and extend existing Health and PE programs through curriculum-aligned school incursions, bringing specialist expertise, equipment and fresh movement experiences directly to your school.

Programs are tailored to suit student age, maturity and capability, as well as your curriculum priorities, facilities and school setting, giving teachers flexible support while creating engaging opportunities for students to **learn, move, connect and build confidence.**

Whether you are looking to introduce a specialist activity, strengthen an existing unit or give students access to an experience that is difficult to deliver internally, Proactivity can shape the program around your school's needs.



### COMPLEMENT YOUR EXISTING PROGRAM

Add specialist support where additional expertise, equipment or delivery capacity can strengthen what is already in place.



### TAILORED TO YOUR SCHOOL

Programs can be adapted around student needs, curriculum priorities, facilities, class structure and available time.



### SUPPORT CURRICULUM DELIVERY

Incursions complement health and physical education curriculum outcomes while creating meaningful opportunities for students to develop through movement.



### EVERYTHING NEEDED IS BROUGHT TO YOU

Proactivity provides specialist facilitators, equipment, setup and delivery at your school, helping reduce the practical workload for teachers.

# FLEXIBLE PROGRAMS BUILT AROUND YOUR SCHOOL

Programs can be delivered as a single specialist incursion or across multiple sessions, giving schools the flexibility to introduce new activities, strengthen an existing unit or build a more sustained and engaging learning experience for students.

### PROGRAM EXAMPLES INCLUDE

- Dance and Movement
- Gymnastics
- Foundation Movement and Skill Development
- Boxercise
- Zumba
- Mindful Movement
- Skills Masterclass
- Self Defence
- Fitness Training
- Active for Life
- Circus Skills
- VCE program options



# SPORTING SCHOOLS ACCREDITED PROVIDER

Proactivity can support eligible schools to access engaging sport and physical activity programs through the Sporting Schools funding pathway.

The team can help identify suitable program options and shape the experience around your students, school setting and available funding.



*"We noticed that the students made great progress in their physical skills, more than we could have achieved on our own."*

Tintern Grammar School

# WHAT TEACHERS TOLD US

**97%** agreed students were actively engaged

**90%** agreed program delivery was high quality

**93%** agreed the program met curriculum requirements

**90%** agreed programs catered for students with varying levels of skill and ability

*Based on teacher feedback collected as part of an independent evaluation of Proactivity's program delivery by Physical Activity and Sport Insights (PASI), Federation University.*

**FOUNDATION - YEAR 12 | SINGLE OR MULTI-SESSION DELIVERY | INDOOR OR OUTDOOR | ALL EQUIPMENT PROVIDED**

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**READY TO BRING PURPOSEFUL MOVEMENT TO YOUR SCHOOL?**

Connect with the Proactivity team to discuss the right program, wellbeing experience or event for your students and school community.

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